

WHY HOMOEOPATHY?

- Why do 49% of Scotland's general practices prescribe it, and have doubled their prescribing for under 16s since 2000?*
- Why do they describe better results, less side effects and reduced costs?
- Why is there so much controversy interpreting the 100+ randomized trials to date?

* Br J Clin Pharmacol 2006;62:6:647-652

Learn how to integrate homoeopathy into your everyday practice

The Foundations of Homoeopathy A Professional Multi-Disciplinary Introductory Course

For all statutorily registered health professionals including:
Doctors - Dentists - Nurses - Pharmacists - Podiatrists - Vets

Accredited by the
Faculty of Homeopathy
with optional exam and
LFHom qualification.
CPD applied for

Developed by

Dr David Reilly FRCP MRCGP FFHom

Consultant Physician, Glasgow Homoeopathic Hospital

With leading trials of homoeopathy published in Lancet & BMJ, who teaches the

**full course on DVD with literature
HOME STUDY AT YOUR OWN PACE**



Plus course facilitator

Dr Andrea Guenther MRCGP MFHom DRCOG

Leads NETWORK TUTOR SUPPORT

INCLUDING 5 LIVE STUDY DAYS

4th October 2008 – 1st November 2008 – 6th December 2007

31st January 2009 – 28th February 2009



THE FOUNDATIONS OF HOMOEOPATHY

WHY SHOULD I DO THIS COURSE?

If you do this course you can expect to experience the sort of positive changes reported by your professional colleagues who have already completed the course:

- *It has rekindled my interest in clinical medicine*
- *I find practice richer and more fascinating*
- *I am more aware of natural healing*
- *I listen more and I am less dismissive*
- *It has given me a new outlook on chronic disease*
- *Less willing to just prescribe NSAIDs, antibiotics and psychotropics*
- *Now see the patient as a whole and not so much at a cellular biochemical level*
- *More aware of the dissatisfaction with conventional medicine*
- *Homoeopathy should be part of medical training*
- *I am an orthodox doctor who now sees that homoeopathy has a place in practice*

These experiences were reported by 40 doctors in a 2 year follow up - and as well as changing their daily contact with patients, 78% were still using homoeopathy integrated in their orthodox medical practice. Similar impact has been reported by over 1000 doctors, 400 nurses, and many dentists, pharmacists, veterinary surgeons and others since 1985. No one has yet taken up the unconditional money back guarantee. Feedback on a recent final course day brought ratings of either 'excellent' or 'outstanding' from 100% of the students.

WHAT WOULD I LEARN?

Patient demand for homoeopathy continues to rise. With its freedom from side effects, whole person perspective and low costs it has a great deal to offer in contemporary medicine and care. The course however is not just about learning to use homeopathy, it is about a critical evaluation of the science, the ideas and the insights that the subject involves. The issues of good consulting, mind body medicine and good science are given emphasis.

WHAT WOULD I BE ABLE TO DO?

Don't worry – this course is not about making you a specialist homoeopath, and it does not involve some 'conversion' with rejection of orthodox skills or science. The course builds on your knowledge as a statutorily registered health care worker – you will simply add to your existing skills some targeted areas of homoeopathy. You will learn new tools to help patients in everyday practice, with problems like trauma, simple infections, allergies, premenstrual syndrome and emotional shocks. A shared multidisciplinary core curriculum then has special additional elements for many disciplines other than doctors (as regulated by the UK Faculty of Homoeopathy). You might choose to stop there and be well informed as to when referral on for a specialist opinion would be helpful – and just as importantly, not helpful. If you decide to slowly make inroads towards greater

levels of skill you will be well placed for personal learning or a second level course.

HOW SOLID ARE THE FOUNDATIONS OF THIS COURSE?

The course was originally based on a research analysis of best practice, and since its launch in 1985 it has been continuously refined and adapted from the experiences and feedback of participants. The courses grew into the most popular postgraduate medical courses in the UK, orthodox or otherwise, and this 'Glasgow Model' of education was then adopted and adapted throughout the UK, in some European countries, USA and Japan. Distant learning students from over 20 countries have successfully completed their studies – with some choosing to join local students for some of the 'live' study days in Glasgow. Health care practitioners, actively using homoeopathy integrated with their orthodox care, inspire the lectures and discussions and real life case histories and video consultations are used. In one course, participants collected results from over 2000 cases and this showed an average success rate for the course targets of 70-80%, with adverse events at under 2%.

References on the evolution/evaluation of the course:

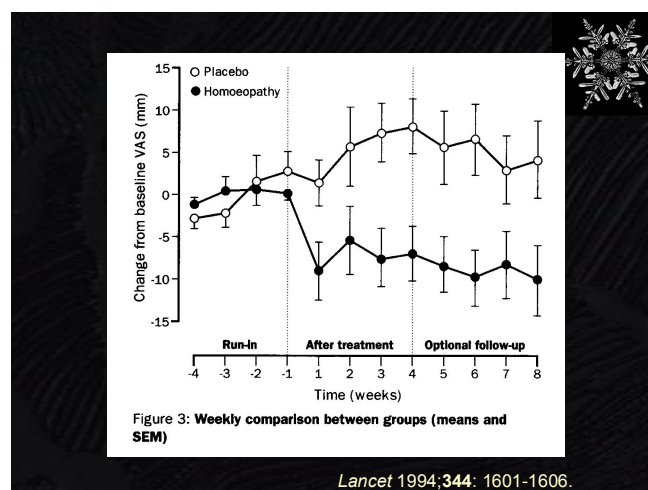
Reilly DT, Taylor MA. *The Postgraduate Experiment. Published in pages 29-31 of Developing Integrated Medicine. RCCM Research Fellowship in Complementary Medicine. Complementary Therapies in Medicine 1993;1 Suppl 1:1-50*

Reilly DT. *Clarifying competence by defining its limits. Lessons from the Glasgow Education Model of Homoeopathic Training. Complementary Therapies in Medicine 1995;3:21-24*

Reilly DT *A Certificate of Primary Care Homoeopathy Br Hom J 1994;83:57-58*

Reilly D, Duncan R, Leckridge B, Riley D, Edwards R. *IDCCIM. International Data Collection Centres for Integrative Medicine. The Uni. of Exeter 2nd Annual Symposium on Compl Health Care. December 1995*

CLINICAL RESEARCH: Figure below is from one of the 4 RCTs of Reilly et al comparing homoeopathy to placebo.



HOW IS THE COURSE ORGANISED?

It is organised to let you use your own learning style and pace. A major upgrade from 2007 now supplies every student with the full course of 5 days teaching on DVD, with video menus allowing you to re-access any section, cross-indexed to your extensive course literature (supplied on PDF for printing at home, or purchased in hard copy). There is even a starter kit of the first 10 remedies taught included. In addition to this full stand-alone home study pack, you will have personal email support from your tutor. Plus there are 5 additional study days over the academic year with a tutor in Glasgow. During these study days the tutor will illustrate Dr Reilly's teaching program and make it easy to remember and to apply to your individual situation in practice. The teaching will incorporate the use of movies, music and art and mix that with the groups own experiences. The format will be a combination of presentations and group work related to the relevant topic for each day as presented fully in the home study pack. The aim is to make the study days interesting and enjoyable in a relaxed atmosphere and to encourage you to use your new knowledge to make your patients more satisfied and your job more rewarding.

For those unable travel to Glasgow you will have the full resources you need to complete the course supplied to you. And, if you learn best from listening on your mp3 player – you can order the extracted audio tracks.

WHAT SORT OF THING IS IN THE COURSE?

PART 1

A succinct outline of the main principles and ideas used in homoeopathy, and a summary of the scientific evidence with follow through references for you to evaluate. You will be familiarised with the scope of homoeopathic therapeutics and what it could offer your patients and yourself. Based on this, a carefully selected group of drugs will be introduced to allow you to get started and try them in a number of clinical areas, with an emphasis on acute first aid prescribing. You should then experience for yourself a response in your practice (or family, as many begin here!).

PART 2

The second day begins with exploring successes, failures and practical difficulties in using the drugs supplied, but it is not essential that you have used them to continue your study. You will then be taught the basics of 5 more drugs with a greater potential for use in chronic situations and be introduced to the approaches used in chronic cases. Further basic principles will be discussed, and a video workshop guides you through analysing a case.

PART 3

Will finish the introduction to basic principles, and in teaching 5 more drugs, completing a treatment algorithm used as a model in Part 1 and 2. The workshop and videos further explore an introduction to case analysis. By now you will be familiar with the scope and limits of the subject and its basic principles. You will be competent in some simple prescribing and know how to gradually extend your use of the drugs in general practice.

PARTS 4 & 5 complete the foundations of basic practice, re-enforcing your new skills and expanding them around the themes of sports injuries, grief, and pre-menstrual syndrome. Your ability to tackle some chronic cases is consolidated and important aspects for enriching therapeutic encounter explored (which can be expanded in a separate course – see details on www.davidreilly.net)

IS THERE AN EXAMINATION?

It's not compulsory! However if you complete the 5 parts of the Foundation Year you will be well prepared to sit the optional Primary Health Care Examination. This has an additional fee and is independently accredited in the UK by the Faculty of Homoeopathy (incorporated by an Act of Parliament - www.truhomeopathy.org). Out with the UK there have been sittings in South Africa, Poland, Japan, Russia, India, Australia, Portugal and the US.

IS THERE A QUALIFICATION?

Yes, if you pass the Primary Health Care Examination you can apply to The Faculty of Homeopathy to become a Licenced Associate and use the letters "LFHom" after your name.

WHAT HAPPENS AFTER 1ST YEAR?

If you wish to take your studies in homoeopathy further Intermediate and advanced training programmes are offered at Glasgow Homoeopathic Hospital. These courses are modular, highly flexible and can be taken at your own pace. For further details visit www.enablelearning.net/ or contact Carol Anderson on 0141 337 1824 or carolanderson@dial.pipex.com

This course has been developed and directed by Dr David Reilly FRCP MRCP FFHom who is Consultant Physician at the Glasgow Homoeopathic Hospital and Honorary Senior Lecturer at Glasgow University; Faculty Member Harvard Medical School and Visiting Professor University of Maryland, of whom it has been said:

"Dr Reilly is one of the foremost thinkers, scientists and physicians of our time whose work includes some of the most stringent controlled clinical trials in homoeopathy published in the world's leading scientific journals, innovative teaching and inspirational clinical practice" Dr. Kim A Jobst, Editor in Chief, Journal of Alternative and Complementary Medicine.

If you require further information or have any queries please contact:-

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