

THE FOUNDATIONS OF HOMOEOPATHY

Developed by

Dr David Reilly
FRCP MRCGP FFHOM

*A Professional Postgraduate Introductory Course
Open To All Statutory Registered Health Care Professionals.*

**In Glasgow, Scotland
or as a
Synchronised Distant Learning Video Course**

The Glasgow course is accredited by The Faculty Of Homoeopathy (UK)
& PGEA approved (UK)

Distributed by

**The Academic Departments
of
Glasgow Homoeopathic Hospital**

THE FOUNDATIONS OF HOMOEOPATHY

Thank you for your interest in the Foundations of Homoeopathy which we hope you might join. This course is recognised internationally and has been taken by over 900 doctors and 400 nurses, dentists, pharmacists, nurses and veterinary surgeons since 1985. Research has shown that they have found it a valuable development of their professional practice and a way of increasing their ability to help their patients and clients. Feedback on a recent final course day brought ratings of either 'excellent' or 'outstanding' from 100% of the students.

A 2 year follow up in 1990 of 40 doctors who had attended an earlier version of this course showed 78% were still using homoeopathy integrated in their orthodox medical practice. They told us it had:

- * *Rekindled my interest in clinical medicine*
- * *I find practice richer and more fascinating*
- * *More aware of natural healing*
- * *I listen more and I am less dismissive*
- * *It has given me a new outlook on chronic disease*
- * *Less willing to just prescribe NSAIDs, antibiotics and psychotropics*
- * *Now see the patient as a whole and not so much at a cellular biochemical level*
- * *More aware of the dissatisfaction with conventional medicine*
- * *Should be part of medical training*
- * *I am an orthodox doctor who now sees that homoeopathy has a place in practice..*

There is a steadily increasing patient demand for homoeopathy and with its freedom from side effects, whole person perspective and low costs it has a great deal to offer in contemporary medicine and care. The course however is not just about learning to use homoeopathy, it is about a critical evaluation of the science, ideas and insights which the subject involves. The issues of good consulting, mind body medicine and good science are given emphasis.

This course has pioneered a research based method of allowing health care workers to very successfully use targeted areas of homoeopathy, while recognising that in-depth treatment of chronic disease is beyond the scope of a first year student. It covers situations of everyday practice, e.g. trauma,

simple infections, allergies and emotional shock. Some students are satisfied with this and refer any more difficult problem to a specialist, but many choose in addition to slowly make inroads towards greater levels of skill.

These completely redesigned courses began in 1985, and they have been continuously refined and adapted from the experiences and feedback from the participants. They have grown into the most popular postgraduate medical courses in the UK, orthodox or otherwise, and the 'Glasgow Model' has been adopted and adapted throughout the UK, in Holland and in the USA. The lectures and discussions are inspired by health care practitioners actively using homoeopathy integrated with their orthodox care, and real life case histories and video consultations are used. An integral part of the experience is an innovate action research model where you monitor your prescribing and return standardised outcomes as part of the IDCCIM project: The International Data Collection Centres for Integrated Medicine. The collective results of all students are then fed back to the class and in this way the student, teachers and collective group, learn from each other's experiences. The current IDCCIM cycle began in February 95 and already has over 2000 cases. It has shown average success rates for the course targets of 70 -80% with adverse events at under 2%.

References;

Reilly DT, Taylor MA. The Postgraduate Experiment. Published in pages 29-31 of Developing Integrated Medicine. RCCM Research Fellowship in Complementary Medicine. Complementary Therapies in Medicine 1993;1 Suppl 1:1-50.

Reilly DT. Clarifying competence by defining its limits. Lessons from the Glasgow Education Model of Homoeopathic Training. Complementary Therapies in Medicine 1995;3:21-24.

Reilly DT A Certificate of Primary Care Homoeopathy Br Hom J 1994;83:57-58.

Reilly D, Duncan R, Leckridge B, Riley D, Edwards R. IDCCIM. International Data Collection Centres for Integrative Medicine. The Uni. of Exeter 2nd Annual Symposium on Compl Health Care. December 1995.

THE FOUNDATIONS OF HOMOEOPATHY

PARTS 1, 2 & 3 are a self complete introductory course covering all the basic ideas and offering training in the simple use of 15 remedies.

PART 1

A succinct outline of the main principles and ideas used in homoeopathy with a summary of the scientific evidence - supplemented by a portfolio of key papers for you to evaluate. You will be familiarised with the scope of homoeopathic therapeutics and what it could offer your patients and yourself.

Based on this, a carefully selected group of drugs will be introduced to allow you to try them in a number of clinical areas, with an emphasis on acute prescribing. You should then experience for yourself a response in your practice (or family, as many begin here!). There will be no need for detailed study at this stage.

PART 2

The second day begins with students exploring their successes, failures and practical difficulties in using the drugs supplied, but it is not essential that you have used them to study Part 2. You will then be taught the basics of 5 more drugs with a greater potential for use in chronic situations and be introduced to the approached used in chronic cases. Further basic principles will be discussed, and in a video workshop you will be guided through analysing a case.

PART 3

Will finish the introduction to basic principles, and in teaching 5 more drugs, the treatment algorithm used as a model in Part 1 and 2 will be completed. In small group and video work the introduction to case analysis will be further explored.

After the course you will be familiar with the scope and limits of the subject and its basic principles. You will be competent in some simple prescribing and know how to gradually extend your use of the drugs in general practice. Through our library and tapes catalogue you can keep contact with the subject. The majority of students opt at this point to continue with Parts 4 & 5 and so complete the Foundation Year.

The course includes extensive literature and work manuals, a set of remedies and a text book. For those attending Glasgow the course fee for Parts 1-3 is £423.00 (inc. VAT), lunches are supplied, and the course is part of the West of Scotland PG scheme. Travel details and some information if you are seeking accommodation, will be sent to you on receipt of your application. Study

fellowships are available for students and doctors on low incomes. The Distant Learning Version was launched 1997. In addition to the normal student pack you will receive on video the full course day of the core teaching of the current academic year recorded live in Glasgow. (Additional audio recordings of specialist small groups (nurses, dentists etc.) may also be available if there is adequate demand). The informal and live nature of this makes you a member of the group - please expect a standard and style of video matching the circumstances of live production and quick distribution. The Distant Learning course fee has been calculated to take account of the higher production costs (but at least you will save on the travel costs). The cost for Parts 1-3 is £625.75 (VAT paid within the EU) for Parts 1-3. (Audio and video tapes are also available to the Glasgow students for an extra charge.)

PARTS 4 & 5 is an optional course which completes the foundations of basic practice, reinforcing your new skills and expanding them around the themes of sports injuries, grief, and pre-menstrual syndrome. If you complete the 5 parts of the Foundation Year you will be well prepared to sit the Primary Health Care Examination. This is optional with an additional fee and is independently accredited in the UK by the Faculty of Homoeopathy (incorporated by an Act of Parliament). You will be in a position to apply to become a Licenced Associate of the Faculty of Homoeopathy (LFHom). Where there is a demand world students will be allowed to sit the same examination. The first South African sitting took place in Spring of 1997, and in July 97 and February 98 under the auspices of the American Board of Homeopathic Therapeutics the first sittings of the American version of the exam took place. These accrediting bodies are exploring reciprocation of qualification, made possible by the harmonising of the standard of the exam by the Academic Departments. The costs for Parts 4 & 5 are £223.25 (inc. VAT) for Glasgow students and £463.00 (VAT paid for EU students) for the Distant Learning. Beyond this you will be very well prepared to join any intermediate and advanced training programmes of your choice. Ad Hom currently offers a full four year course in Glasgow.

This course has been developed and directed by Dr. David Reilly FRCP MRCGP FFHom who is Lead Consultant Physician at the Glasgow Homoeopathic Hospital and Honorary Senior Lecturer at Glasgow University of whom it has recently been written:

"Dr Reilly is one of the foremost thinkers, scientists and physicians of our time whose work includes some of the most stringent controlled clinical trials in homoeopathy published in the world's leading scientific journals, innovative teaching and inspirational clinical practice" Dr. Kim A Jobst, Editor in Chief, Journal of Alternative and Complementary Medicine.

BOOKING DETAILS FOR THE 1999-2000 FOUNDATIONS OF HOMOEOPATHY

Postgraduate Medical Centre in Glasgow 5
Lancaster Crescent GLASGOW G12 0RR

9.30am - 5.30pm
Saturday 14th October 2000
Saturday 2nd December 2000
Saturday 3rd February 2001
Saturday 24th March 2001
Saturday 28th April 2001

or as a

Synchronised Distant Learning Course
distributed 4 weeks
after each of the above dates.

The Glasgow course is accredited by
The Faculty Of Homoeopathy (UK)
PGEA approved (UK)

A professional introductory course designed to allow any statutory registered health professional to evaluate homoeopathy and how it integrates into health care. This course has been developed by Dr. David Reilly to introduce you to the basic principles, scientific evidence and controversy, and the clinical scope and limits of homoeopathy. It explores the insights of this therapy into the art and science of healing, the links between mind and body, and the enhancement this approach brings to consultation skills. Guided by case histories and videos, you will also explore some simple prescribing using the starter kit supplied. The course materials also include work manuals, reference and home study packs and a text book. The Distant Learning Students will receive in addition the current course on video as soon after each Glasgow day as possible.

PARTS 1 to 3 are a self contained course. If you opt to complete PARTS 4 & 5 you will be ready to sit the Primary Health Care Examination (for an additional fee) which is independently accredited in the by the UK Faculty of Homoeopathy (incorporated by an Act of Parliament). You will be in a position to apply to become a Licenced Associate of the Faculty of Homoeopathy (LFHom). Where there is a demand world students will be allowed to sit the same examination. The first South African sitting took place in 1997, and in July 97 under the auspices of the American Board of Homoeopathic Therapeutics the first sitting of an American version of the exam took place. These accrediting bodies are exploring reciprocation of qualification, made possible by the harmonising of the standard of the exam by the Academic Departments.

The fee for PARTS 1-3 is £423.00 (inc. VAT) for Glasgow students and £625.75 for Distant Learning students (VAT paid for EU students). This includes a text book, work manuals and starter kit. Glasgow students are supplied with lunches, and there is no additional fee for West of Scotland PGEA members. The fee for Parts 4&5 is £223.25 (inc. VAT) for Glasgow students and £463.00 (VAT paid for EU students) for the Distant Learning. A 10% discount is applied if all 5 parts are bought together.

Some study bursaries may be available courtesy of the Blackie Foundation Trust. If you wish to be considered for a bursary, please write directly to the Education Director stating how much you can afford to pay.

The Glasgow course is approved in the UK for Postgraduate Education Allowance (7 Disease Management/1.5 Health Promotion /1.5 Service Management).

Please respond early as places are limited.

An application form is enclosed.

*The Academic Departments are part of the recognised Scottish Charity Ad Hominem (No. SC020794).
Ad Hom is the enabling arm of A Hominem. (Company No. 165743, VAT No.680313454)*

BOOKING FORM FOR THE 1999-2000 FOUNDATIONS OF HOMOEOPATHY

PLEASE COMPLETE IN BLOCK LETTERS

Please return to

The Academic Departments
Glasgow Homoeopathic Hospital
1053 Great Western Road,
GLASGOW G12 OXQ
Scotland.

Questions? - contact us on +44 (0)141 337 1824
or Fax:+44 (0) 141 211 1610

I wish to join **The Foundations of Homoeopathy** . **Please enrol me for:**

	Glasgow Students	Distant Learning
Parts 1-3 []	£423.00	£625.75
Parts 4&5 []	£223.25	£463.00
Parts 1-5 [] paid In full with 10% discount on pre- tax price	£581.63	£979.88

Name.....

Address.....

Present PositionDiscipline

Qualifications

Telephone/Fax Numbers: Email:.....

FOR STUDENTS ATTENDING GLASGOW

I would like a Vegetarian Lunch [] I am a West of Scotland PGEA member []

PAYMENT

I enclose a cheque for £..... made payable to 'Ad Hom Ltd'

or

[] VISA payment as described below

IF PAYING BY VISA: (post details, or fax +44 (0)141 211 1610)

Please charge my VISA card the following amount: £

Name on Card:

Address *as known to VISA*:

Card Number:

Start Date:

Expiry Date:

Authorising signature: