

REPORT ON THE DEVELOPMENT AND ACADEMIC ACTIVITIES AT GLASGOW HOMOEOPATHIC HOSPITAL

**Reply to questions posed by Michael Fox for
The Foundation for Integrated Medicine**

The Centre's strength is that it interlaces clinical care with research and education, combining an NHS hospital with charity based Academic Departments. The patient care covers a wide spectrum. Patients who need intensive input and/or a synthesis of approaches are treated in an integrative medicine inpatient unit and a day care unit. The majority of patients are seen in outpatient clinics or regional network clinics, which emphasise medical homoeopathy. We are part of a major NHS University Trust and have close links to primary care and formal links with established university departments and teaching programmes locally and nationally.

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Key areas of current interest and future interest?

SUMMARY OF FOCUS AND FUTURE DEVELOPMENTS

Patient Care

- Our daily business is supplying care to patients in the NHS, and building academic enquiry on this foundation.

Human Healing

- We are looking at human healing as the core of our enquiry as we explore and develop integrative care. In July 1999 we completed the first Special Study Module entitled *Human Healing: Perspectives, Alternatives & Controversies* for medical students.

Creating a New Integrative Care Hospital: Glasgow Homoeopathic Hospital

- We have developed and built a new hospital consciously designed as a place of healing and beauty. It has been hailed for setting a new standard for health care environments.
- It is the home to a project developing a radical and unique integrative care model within an NHS/University environment, bridging orthodox and complementary medicine, built on therapeutic relationship.

Ongoing development and assessment of integrative care and homoeopathic medicine

- With numerous projects involving controlled trials, observational outcome studies and qualitative research (see list below) with a number of collaborative links. A lot of advisory and facilitative input is given to projects nationally and internationally.

The Institute for the Study of Human Healing and The AdHominem Charity

- The AdHominem Charity was launched with HRH Prince Charles' help in January 1998. It was formed to help realise the vision of The Institute for the Study of Human Healing. This will aim to help bridge the complementary-orthodox divide as well as the split in mind-body and arts and sciences of healing. It will build on the multidisciplinary and cultural links we have and will be housed in the Phase II of our new building. Collaborative pilot projects with artists have begun.

Postgraduate education – Developing Primary Care CAM with Homoeopathy as a model

- An active multi-disciplinary research based education programme. We have trained around 20% of Scotland's GPs and professionals from many other disciplines. We have developed an approach to examination and integration for CAM using homoeopathy as a model. Our embedded "action research" model has tracked around 2000 GP based prescriptions.
- Postgraduate students are being supervised in research projects.
- Input to various university postgraduate and undergraduate teaching programmes covering different aspects of integrative care.

Reciprocal Links

- We have established reciprocal links with sister academic projects eg. at the University of Maryland and Harvard Medical School in the USA and the Tzu Chi Institute in Canada.

SUMMARY OF RECENT CONTRIBUTIONS

Patient Care and Models of Care

- We are an innovating multi-disciplinary centre, pioneering models of integrative care. We are actively involved in, and explore, the meeting of different orthodox and non-orthodox therapies, within a whole person approach. The Academic Institute is in a close partnership with the NHS part of the hospital which last year treated 600 in patients, 200 day case patients and over 20,000 out patients, with additional outreach clinics to major teaching hospitals. This partnership has now spawned an experimental model of Network Clinics, bringing specialist consultations in homoeopathy and integrated care close to the patient – with ongoing research and audit lead by the Academic Departments. The Network was launched on November 20th 1996, with 20 clinics in 10 locations throughout Scotland.
- The major area of consultation skills and human healing interactions is becoming an increasing focus of our direction and enquiry. Recently this was explored in a SSM for undergraduate medical students.
- Though our Policy Development Unit we have made contributions to models and standards of clinical practice and contributed to a number of institutional and government enquiries and working parties here and abroad e.g. leading the development of the first UK Clinical Standards Document for Homoeopathic NHS Practice which was adopted by the Faculty of Homoeopathy; looking at how elements of CAM might be integrated in primary care; and looking at ways of teaching about the care for patients with chronic, perhaps undifferentiated and complex multi-layered difficulties.

Other Research Models

We have a rich variety of developmental and research work ranging through clinical trials, outcome and observational studies, experimental clinical delivery models, qualitative enquiry, innovative educational models, design of health care environments, cross-disciplinary work (for example with artists) and conceptual developments. Some are listed later in the document, and a couple are mentioned below for illustrative purposes:

- Significant contributions to methodology, strategy and research (eg. Glasgow University Fellowship report, Developing Integrated Medicine).
- Groundbreaking research has been published, including major clinical trials published in the *Lancet*. Another trial is now being submitted, showing unequivocally, perhaps for the first time, objective verification of homoeopathic action.
- We have developed and are progressing data collection and audit through the IDCCIM project (The International Data Collection Centres for Integrative Medicine) monitoring integrative care across the spectrum of self-care and community pharmacy, through primary care to tertiary care. IDCCIM focuses on outcome and patient satisfaction, bringing the lessons of individual consultations and interventions into a collective whole as a basis for improved education and care – and a starting point for targeted trials. The model is being explored in other centres in the UK and abroad, including the use of the innovative GHHOS Outcome Scale. It will now link to a U.K. wide data collection project.
- In producing the award winning new hospital building we have developed a different way of procuring and creating better health care environments.

Education And Educational Research

Special Study Module for Third Year Medical Students

In July 1999 we completed the first Special Study Module entitled *Human Healing: Perspectives, Alternatives & Controversies* for medical students. This ran with ten 3rd year medical students over a 5 week duration. Together we looked at a fundamental re-examination of human healing. This was anchored with videos of human change and transformation and sought out cross-cultural knowledge, bridging art and science and orthodox and complementary and alternative

approaches. Human and mind-body dimensions were central to the students exploration as they grappled with combining and integrating these insights and skills with their orthodox education.

Titles of their projects:

- _ Human Healing - Perspectives, Alternatives and Controversies
 - _ A Healing Encounter - in depth study of one consultation.
 - _ Promoting Health with Complementary Therapy
 - _ Complementary & Alternative Medicine in Palliative Care
 - _ “Laughter – the best medicine?” A prescription for good health
 - _ Health is Based on Happiness!!
 - _ The Unity of Mind, Body & Medicine
 - _ Prayer and Healing: A perspective
 - _ East & West – Integration or separation?
- We have initiated a unique and constantly developing, multi-disciplinary, education programme which allows health care professionals such as doctors, nurses, vets, dentists, and paramedics to learn together about homoeopathy, and an integrative approach. This radical approach is built on our ideas of non-specialist primary care integration of a complementary approach, backed up by a network of secondary specialists. This has grown to be the largest postgraduate medical course in the UK. Over 20% of Scotland’s GPs have been trained through The Foundations of Homoeopathy course which offers participants the opportunity of sitting the Primary Health Care Exam (PHCE) at the end of first year, (see below). Successful students can then apply for the LFHom qualification in the UK from the Faculty of Homoeopathy and then to continue on with a view to sitting the membership examination for the UK Faculty of Homoeopathy (MFHom). Both these courses of study are accredited by the UK Faculty of Homoeopathy. A video distant learning version was launched in 1998.
 - We piloted and developed the first Primary Health Care Exam in Homoeopathy, adopted by the UK Faculty of Homoeopathy and the American Board of Homoeotherapeutics and now poised to be adopted in the Netherlands, with interest from other European and American colleagues. The instigation of this credential establishes a shared level of accredited practice across national boundaries, and an educational model for other CAM disciplines integration into orthodox primary care.
 - We have made extensive contributions to other educational programmes including University postgraduate degree courses eg MSc in Nursing, MSc in Palliative Care, GP Training schemes etc.
 - We have supervised postgraduate students, most recently a PhD student with the Department of Health Sciences, University of York.

Veterinary Education

- The Department have been responsible for the planning, organisation and development of the three year course in veterinary homoeopathy, which is now fully accredited by the Faculty and has recently been accredited by the International Association for Veterinary Homoeopathy.

Library And Information Services

- We have established and maintain one of the main international homoeopathic libraries and the central resource for the U.K. as well as HomInform – an electronic information service for homoeopathy, CAM and integrative care. Our first version of an interactive CD-ROM “The Guide” has been produced. The first version was distributed to members of the European Commission tasked with looking at research in Homoeopathic Medicine. The second version for general distribution was released in 1998.

SUMMARY OF CURRENT PROJECTS

- We are contributing to numerous projects near to home and overseas, for individual students, departments and government bodies. These extra departmental activities are mostly not listed., but examples would be work with a number of University Departments including Glasgow, Aberdeen, York, Brookes, Edinburgh etc., The Scottish Office and HRH's The Prince of Wales initiatives in Integrated Care and Foundation for Integrated Medicine (FIM), Dementia Taskforce for the UK and Europe, the Consumer Association, The Faculty of Homoeopathy including the current Presidency and various CAM charities and Visiting Professorships to Brookes and Maryland.

Clinical Care

- Outcome studies at the Glasgow Homoeopathic Hospital are evaluating the results of clinical care, spanning our links to primary health care, outpatients in the hospital and hospital inpatients. The results are used internally, they have been presented to purchasing authorities, and as conference papers and are now being published. For example, papers have examined series of 200 in patients and 1000 primary care cases (IDCCIM as mentioned earlier).
- Over the last few years, a standardised patient-assessed outcome scale has been evolved – The Glasgow Homoeopathic Hospital Outcome Scale (GHHOS). This has now been used by a number of groups in the UK, Europe and USA.
- We are now developing prospective tracking of every patient, with an emphasis on outcome, safety, satisfaction and cost.
- Additional projects are targeting specific areas: eg
 - an audit of the outpatient care of cancer patients and chronic pain clinic patients, provided by a doctor (Senior Registrar) in Palliative Medicine has been designed with the help of the clinical audit office, using sophisticated outcome measures. This started in early 1996.
 - The homeopathic approach to the management of menopausal symptoms in women with breast cancer - a prospective outcome study.
 - Impact of Autogenic Training on chronic case management
 - The impact on conventional drug costs of homoeopathic care.
 - Sequential Complementary Therapy in Chronic Fatigue Syndrome.
 - A Clinical Evaluation of a Wheat-free Diet.
 - Homoeopathic Allergy Clinic.
- There is a developmental programme exploring Therapeutic Consultations and healing encounters in medicine. This includes collaboration with patients, researchers and artists and includes:
 - A prospective in depth study with the University Department of General Practitioners of the impact of a homoeopathic consultation using qualitative measures.
 - Planned artists residency to develop our project of patient notebooks and creative expression as part of therapy.

Randomised Trials

- Objective Verification of Homoeopathic Action – a 4th HIT placebo controlled trial (submitted).
- The homeopathic approach in the recruitment and management of menopausal symptoms in early breast cancer - a pilot randomized control trial (November 1999).
- Pilot Study and Double Blind Trial of Neural Therapy in Multiple Sclerosis with long term follow-up (ongoing).

- Development of folic acid primary prevention trial in acute myocardial infarction with cognitive function and brain imaging as secondary endpoints with the department of Epidemiology, Tromsø University, Norway. (Responsibility for the cognitive function and imaging protocols). Started recruitment spring 1999.
- Research protocol development with Respiratory Research Group (Professor PJ Helms) at the Department of Child Health, University of Aberdeen Medical School, to evaluate the effectiveness of the Buteyko breathing technique to treat asthma in patients between the ages of 19 - 45 yrs.

Laboratory Work

- The Effects of Homoeopathic Potencies of House Dust Mite on the Migration of House Dust Sensitive Human Leucocytes.

Library And Information Services

- Establishing a 24 hours Homoeopathic Drug Information Service.
- Development of second edition of Homoeopathic CD-ROM "The Guide".
- Establishing Internet services.
- Part of international linkage of CAM and Homoeopathic Databases.
- Active library support for numerous researchers and students.
- Now a member of Glasgow hospitals libraries purchasing group.

Pharmacy

- Establishing Scientific Standardised Homoeopathic Preparations for use in Scientific enquiry.
- Establishment of a nosode library at Glasgow Homoeopathic Hospital.
- Community based audits of Over The Counter use of Complementary Medicine.

Educational Research

- Ongoing programme exploring models of multi and interprofessional integration of CAM and holistic perspectives in primary care.
- Developing and evaluating experimental workshops for a range of disciplines, most recently an exploration of therapeutic consultations for psychiatrists and psychologists and an undergraduate exploration of human healing.
- Developing a European educational initiative on functional imaging in the investigation of neurodegenerative disease

Overseas Collaborations

- Member of the evolving European Union based task force on dementia.
- Research collaboration with the Department of Medicine, University of Iowa, USA on the mechanisms of action and immunopharmacology of acupuncture and homoeopathy in extrinsic allergic asthma.
- Links with sister centres in the University of Maryland, Harvard Medical School, Columbia University, New York.

Other recent U.K collaborative projects

(A few examples *excluding* any with workers listed as members of the department):

Mr. Francis Connor LFHom RN.DN.	A Prospective Evaluation of a Nurse Practitioner's Role and Homoeopathic Clinic.
Dr. Kathy Ryan	Homoeopathy in Primary Care Project.
Ms. Gill Stewart Sen. Lect. Lancaster Univ. Dept. of Applied Social Science	A research study on "Invisible" Chronic Illness such as ME/CFS and the use of alternative medicine in same.
Ms. Melanie Grau (Student) MSc Health Psychology Stirling University	Study comparing health beliefs of patients visiting GHH with those of patients attending a conventional hospital.
Russel and Christine Davison North Wales Sports Physio. Clinic	A study of use and success of homoeopathic treatment in sports injury.
Dr. Alice Greene (Oxford)	Adoption of IDCCIM project by Oxford homoeopathy students.
Ms. Katherine Johnson B.Sc. (Hons) Department of Psychology University of Glasgow	Why do patients turn to Complementary Medicine: Locus of Control as a factor?
Ms. Sharon Butler, 3MB, University of Dundee	Approaches to Irritable Bowel Syndrome (IBS). A Literature Review.
Mr. Aaron K. Vallance Royal Free Hospital School of Medicine London	Can Biological Activity be Maintained at Ultra-High Dilution? An Overview of Homoeopathy, Evidence and Bayesian Philosophy. (Dissertation Year Prize Winner)

List of Publications, Restricted to 1997 onwards, in Chronological Order

Papers from peer-reviewed journals from Glasgow Homoeopathic Hospital Workers

1. Accurate prediction of confirmed Alzheimer's disease and the differential diagnosis of dementia: the use of NINCDS-ADRDA and DSM III-R criteria, SPET, X-ray CT and ApoE4 in medial temporal lobe dementias
Jobst KA, Barnetson LPD, and Shepstone BJ on behalf of OPTIMA
International Psychogeriatrics 1997; 9 (suppl 1):191-223 .Re-printed in *International Psychogeriatrics* 1998;10(3):271-302.
2. Acupuncture for the treatment of asthma bronchiale.
Linde K, Jobst K, Panton J.
In: Cates C, Ducharme F, Gibson P, Jones P, Rowe B, Wolf F (eds.) *Airways Module of The Cochrane Database of Systematic Reviews*, [updated 03 March 1997]. Available in *The Cochrane Library* 1997;2 (Database on disk and CDROM updated quarterly and produced by The Cochrane Collaboration). Oxford: Update Software, 1997.
3. Double-blind randomized placebo-controlled study of homoeopathic prophylaxis of migraine
Whitmarsh TE, Coleston-Shields DM, Steiner TJ
Cephalalgia 1997;17:600-604

4. 51st LMHI Congress, Capri, Italy, 2-6 October 1996 – report
Whitmarsh T
British Homoeopathic Journal 1997 Jan;86(1):61-64
5. 52nd Congress of the Liga Medicorum Homoeopathica Internationalis (LMHI), Seattle, Washington USA, 28 May-1 June 1997 – report
Whitmarsh T
British Homoeopathic Journal 1997 Oct;86(4):243-247
6. Potentization -just a myth?
Isbell W, Kayne S.
British Homoeopathic Journal 1997 Jul;86(7):156-60.
7. The effects of additional pathology on the cognitive deficit in Alzheimer's disease.
Nagy Zn, Esiri MM, Jobst KA, Morris JH, King EMF, McDonald B, Joachim C, Litchfield S, Smith A, Barnetson L, Smith AD.
Journal of Neuropathology and Experimental Neurology 1997;56(2):165-170.
8. The use of subjective outcome measures to assess the effectiveness of isopathy in the treatment of allergies
Beattie N, Kayne S
Pharmaceutical Journal 1997 Nov;259:R13
9. Towards the new dawn for acupuncture research: An introduction to the Proceedings of the International Symposium on the Physiology of Acupuncture.
Jobst KA
Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy 1997;3 (suppl 1):1-2.
10. When conventional treatment is not enough: a case of migraine without aura responding to homeopathy
Whitmarsh T
Journal of Alternative and Complementary Medicine 1997 Sum;3(2):159-162
11. A study of remedies prescribed at Glasgow Homoeopathic Hospital.
Kayne SB, Beattie N.
British Homoeopathic Journal 1998;87:190-194.
12. Abnormal function of potassium channels in the platelets of patients with Alzheimer's disease
de Silva HA, Aronson JK, Grahame-Smith DG, Jobst KA, Smith AD.
Lancet 1998;352:1590-93.
13. Accuracy of clinical operational diagnostic criteria for Alzheimer's disease in relation to different pathological diagnostic protocols
Nagy Zs, Esiri MM, Hindley NJ, Joachim C, Morris JH, King EMF, McDonald B, Litchfield S, Barnetson L, Jobst KA, Smith AD.
Dementia, Geriatrics and Cognitive Disorders 1998; 9:219-226.
14. Accurate prediction of confirmed Alzheimer's disease and the differential diagnosis of dementia: the use of NINCDS-ADRDA and DSM IIIR criteria, SPET, X-ray CT and ApoE4 in medial temporal lobe dementias
Jobst KA, Barnetson LPD, and Shepstone BJ on behalf of OPTIMA
International Psychogeriatrics 1998;10(3):271-302.
15. Gingko for dementia. A commentary
Jobst KA.
Forschende Komplementarmedizin (Research in Complementary Medicine) 1998;5(2):94-95.

16. Homeopathic treatment for sequelae of meningococcal septicemia
Leckridge B
Alternative Therapies in Health and Medicine 1998 Jul;4(4):124
17. Homoeopathy for the treatment of asthma bronchiale.
Linde K, and Jobst KA
In: Cates C, Ducharme F, Gibson P, Jones P, Rowe B, Wolf F (eds.) *Airways Module of The Cochrane Database of Systematic Reviews*, Available in *The Cochrane Library* 1998;2 (Database on disk and CDROM updated quarterly and produced by the Cochrane Collaboration.) Oxford: Update Software, 1998.
18. Integrated Healthcare: A Way Forward for the Next Five Years? A discussion document from The Prince of Wales's Initiative on Integrated Medicine.
Coates JR and Jobst KA. (Eds.)
Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy 1998;4(2):209-247.
19. Intrathecal baclofen and homeopathy for the treatment of painful muscle spasms associated with malignant spinal cord compression.
Thompson, E. and Hicks, F.
Palliative Medicine 1998;12:119-121.
20. Levels and proteolytic processing of chromogranin A and B and secretogranin II in cerebrospinal fluid in neurological diseases
Eder U, Leitner B, Kirchmair R, Pohl P, Jobst KA, Smith AD, Mally J, Benzer A, Riederer P, Reichmann H, Saria A, Winkler H
Journal of Neural Transmission 1998;105(1):39-51.
21. Mannan-binding protein in human serum, cerebrospinal fluid and brain tissue and its role in Alzheimer's disease.
Lanzerein A-S, Jobst KA, Thiel S, Jenenius SC, Perry VH, Ezekowitz A, Sim RB, Sim E.
Neuroreport 1998;9:1491-1495.
22. Primary care physicians and complementary-alternative medicine: training attitudes, and primary patterns
Berman BM, Singh BB, Hartnoll SM, Singh BK and Reilly D
Journal of American Board of Family Practice 1998;11:272-281.
23. Serum total homocysteine, folate and vitamin B12 as risk factors for confirmed Alzheimer's disease.
Clarke R, Smith AD, Jobst KA, Refsum H, Ueland P
Archives of Neurology 1998;55:1449-55.
24. The experience of research participation and the value of diagnosis in dementia: implications for practice.
Smith A, King E, Hindley, NJ, Barnetson LPD, Barton J, Jobst KA.
Journal of Mental Health 1998;7(3):309-321.
25. The treatment of arthritis with a lipid extract of *Perna canaliculus*: a randomised trial.
Gibson SLM and Gibson, R.G.
Complementary Therapies in Medicine 1998;6:122-126.
26. A multidimensional treatment plan for chronic fatigue syndrome.
Gibson SLM, Gibson RG
Journal of Nutritional and Environmental Medicine 1999;9:47-54.

27. Comparison of pathological diagnostic criteria for Alzheimer's disease.
Nagy Zn, Esiri MM, Joachim C, Jobst KA, Morris JH, King EMF, Hindley NJ, McDonald B, Litchfield S, Barnetson L, Smith AD.
Alzheimer's Disease and Associated Disorders 1999: In Press
28. Complementary medicine and the pharmacist
Kayne SB
Pharmaceutical Journal 1999;263:644-646
29. Diagnosing dementia: interrater-reliability assessment and accuracy of the NINCDS/ADRDA criteria versus CERAD histopathological criteria for Alzheimer's Disease.
Hogervorst E, Barnetson L, Jobst KA, Nagy Zn, Combrinck M, Smith AD
Dementia 1999: In press
30. Diseases of meaning: Manifestations of health and metaphor
Jobst KA, Shostak D, Whitehouse PJ
Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy 1999: Submitted
31. Evaluating Integrative Care in the NHS - A survey of 200 inpatients.
Reilly D, Mercer S, Thompson T, Duncan R.
Being submitted
32. Homoeopathy: Attitudes and awareness among pharmacy clients and staff in New Zealand.
Kayne SB, Usher W
New Zealand Pharmacy 1999;19: 32-33
33. Medial Temporal Lobe width on CT scanning in Alzheimer's disease: a comparison with vascular dementia, depression and dementia with Lewy bodies.
O'Brien JT, Metcalfe S, Swann A, Hobson J, Jobst KA, Ballard C, McKeith I, Gholkar A.
Dementia 1999:In Press
34. Neural therapy in the treatment of multiple sclerosis.
Gibson RG, Gibson SLM
Journal of Alternative and Complementary Medicine 1999;5(6): (In press)
35. Objective effects from homoeopathy – tangible evidence for the implausible? Randomised controlled trial in perennial allergic rhinitis.
Taylor M, Reilly D, Llewellyn-Jones R, McSharry C and Aitchison T.
Submitted
36. Relationship between clinical and radiological diagnostic criteria for Alzheimer's disease and the extent of neuropathology as reflected by 'stages': a prospective study.
Nagy Zs, Hindley NJ, Braak H, Braak E, Yilmazer-Hanke DM, Schultz C, Jobst KA, Smith AD
Dementia, Geriatrics and Cognitive Disorders 1999 Mar-Apr;10(2):109-14
37. Survey of buyers of OTC homoeopathic medicines.
Kayne SB, Beattie N, Reeves A
Pharmaceutical Journal 1999;261:210-212.

38. The progression of Alzheimer's disease from limbic regions to the neocortex: clinical, radiological and pathological relationships.
Nagy Zs, Hindley NJ, Braak H, Braak E, Yilmazer-Hanke DM, Schultz C, Barnetson L, King EM, Jobst KA, Smith AD.
Dementia, Geriatrics and Cognitive Disorders 1999 Mar-Apr;10(2):115-20.
39. Using homoeopathy to offer supportive cancer care, in a National Health Service outpatient setting.
Thompson EA
Complementary Therapies in Nursing and Midwifery 1999;5(2):37-41
40. Can a placebo make you blush?
Reilly D
Advances in Mind-Body Medicine 2000(Win):In press

General Papers and Book Chapters from Department Members

1. A matter of mind or matter: the persisting matter of the Oxford acupuncture study.
Jobst KA
Network: The Scientific and Medical Network Review 1997;64(August):6-8
2. Complementary medicine and women's health
A'Court C, Wootton J, Fugh-Berman A and Jobst KA
In: MacPherson A, Waller D (Eds.). *Women's Problems in General Practice* (4th Edition).
Oxford: Oxford University Press, 1997: pp603-638. ISBN 0192627503.
3. Homoeopathic remedies - where do they come from?
Kayne S.
Homoeopathy 1997 Jan;47(1):2-5.
4. Homoeopathy and anxiety.
Kayne S
Homoeopathy 1997 Jan;47(1): 14-5.
5. Homoeopathy and migraine
Whitmarsh T
Homoeopathy 1997 Dec;47(6):122-124
6. Liga Medicorum Homoeopathica Internationalis – the 51st Congress
Whitmarsh T
Homoeopathy 1997 Jun;47(3):66-68
7. Single photon and positron emission tomography
Jobst K.A. and Shepstone B.J.
In: Ames D and Chui E(Eds.). *Neuroimaging in the Psychiatry of Old Age*.
Cambridge: Cambridge University Press, 1997: pp43-57. ISBN 0 521 49505 9.
8. Stress.
Kayne SB.
New Zealand Pharmacy 1997;17: 25-26.
9. The evidence mosaic: different questions, different questioners, different methods of research
Reilly D and Fitter M.
In: *Textbook of Complementary and Alternative Medicine*, Williams & Wilkins, 1997.
Williams & Wilkins, 1997

10. A view of homoeopathic nursing
Burnside A
European Nurse 1998;3(4): 244-253
11. Aromatherapy
Kayne SB
Chemist & Druggist 1998;249(Pharmacy Update,21 Mar):I-V
12. Complementary Approaches to Palliative Care.
Zollman, C. and Thompson, E
In: Faull, C., Carter, Y. and Woof, R., (Eds.). *Handbook of Palliative Care*. Oxford,UK: Blackwell Science,1998, pp.333-355.
13. CPP awards first fellowship.
Kayne SB.
Pharmaceutical Journal 1998;260(Jan 10):45.
14. Exercise benefits.
Kayne SB.
Chemist & Druggist 1998;249(Pharmacy Update, 24 Jan):I-III.
15. Homoeopathy and anxiety
Kayne SB.
Pharmaceutical Journal 1998;260 (Jan 10):45.
16. Homoeopathy in India
Leckridge B
Homoeopathy 1998 Jun;48(3):50-51
17. Is homoeopathy a placebo response? What if it is? What if it is not?
Reilly D.
In: Ernst E, Hahn EG (Eds.). *Homoeopathy: A Critical Appraisal*.
Oxford, UK: Butterworth Heinemann, 1998: pp118-129. ISBN: 0-7506-3564-9.
18. Legal remedies — The effect of European legislation on homoeopathic remedies.
Kayne SB.
Health and Homoeopathy 1997/1998(Win);2:1-22.
19. The growth of the new Glasgow Homoeopathic Hospital
Leckridge B
Homoeopathy 1998 Feb;48(1):6
20. The marketing of homoeopathy.
Kayne SB.
Health and Homoeopathy 1998(Aut);14-15.
21. A case of pure dementia with Lewy bodies.
Gurd JM, Jobst KA, McShane R, Hindley, NJ, Joachim C, King E, Herzberg L.
Brain and Cognition 1999: In Press
22. A passage to India
Leckridge B
Homoeopathy 1999 Feb;49(1):2-3
23. Colds and cold sores — OTC treatment.
Kayne SB
New Zealand Pharmacy 1999;19: 17-20

24. Complementary and alternative medicines: a pivotal role for the future of healthcare in the Commonwealth?
Jobst KA and Stacey SA.
In: *Health in the Commonwealth. Challenges and Solutions* 1998/99. Produced by Kensington Publications Ltd for the Commonwealth Secretariat and KPL, a division of the Institute of International Research. London. UK.
London, UK: Kensington Publication Ltd, 1998/9: pp292-295
25. European Committee for Homoeopathy proposals for new international system of nomenclature
Kayne SB
Homoeopathy 1999;49(5):112-115
26. Homoeopathic research - an evaluation.
Reilly D.
In: *Alternative Medicine: An Objective Appraisal.*
Journal of the American Medical Association Publications, 1999: (in press).
27. Initial focal visual-spatial impairments and later word deafness in a case of Alzheimer's disease.
Funnell E, Jobst KA, Oppenheimer C, King E
Neurocase 1999: Submitted
28. Integrating the complementary
Reilly D, Lewith G
NHS Doctor and Commissioning GP Summer 1998:50-52. Reprinted in *Health Matters in Prisons*;1999 Spring;6(1) and *NHS 1999 Medical Information Systems.*
29. Investigations - laboratory, radiological, and neurophysiological.
Jobst KA, Suarez R and Miller B. L.
In: Wilcock GKW, Bucks R and Rockwood K (Eds.). *Diagnosis and management of dementia. A manual for memory disorder teams.*
Oxford, UK: Medical Publications, Oxford University Press, 1999: pp78-102. ISBN 0-19-262815-1.
30. Itching to be cured
Geraghty J
Health and Homoeopathy 1999 Sum:12-13
31. Scottish parliament: health care and the Scottish Parliament.
Kayne SB
Pharmaceutical Journal 1999;262(May 15):688
32. Single Photon Emission Tomography.
Jobst KA and Wyper D.
Chapter in section on *Investigations* In: O'Brien JT, Burns A and Ames D (Eds.). *Dementia* (2nd ed.)
Chapman and Hall, 1999: In press.
33. Some aspects of homoeopathic buyer behaviour
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34. The death of the blues
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35. The placebo response: biology and belief in clinical practice

Reilly D.

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36. The Royal Hospital for Sick Children

Leckridge B

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Editorials in Peer-Reviewed Journals

1. Evidence in complementary and alternative therapies: lessons from clinical trials of homeopathy in headache

Whitmarsh T

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2. From the Editor-in-Chief.

Jobst KA.

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3. Nursing Care - who cares?

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Complementary Therapies in Nursing & Midwifery 1997 Oct;3(5):121-122.

4. One man's meat is another man's poison: The challenge of psychic/intuitive diagnosis to the diagnostic paradigm of orthodox medical science.

Jobst K A.

Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy 1997;3(1):1-3.

5. Reproducing clinical trials in homoeopathy: experience from recent trials in headache

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6. Complementary and alternative medicines: essential for the future of Effective, affordable healthcare?

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7. Promoting homoeopathy

Leckridge B

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8. So what if there is no immediate explanation?

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9. The truth and nothing but the truth: objectivity in alternative and orthodox biomedicine?

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10. Toward integrated healthcare: practical and philosophical issues at the heart of the integration of biomedical, complementary, and alternative medicines.
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Nursing Standard, 1999 Jan 13-19;13(17):18.
13. Herbal medicine legislation and registration and stretching the mind; mental exercise for health?
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Journal Abstracts

1. Comparison of clinical criteria, X-ray CT, ^{99m}Tc -HMPAO SPET, and ApoE4 for the diagnosis of histologically-confirmed Alzheimer's disease and other dementias.
Jobst KA on behalf of OPTIMA.
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2. Structural neuroimaging in the evaluation of dementia, a tool for practice, research and drug evaluation: data from over one hundred histologically-confirmed cases followed longitudinally.
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International Psychogeriatrics. 1997.
3. The course of AD: Structural neuroimaging reveals that AD is unlikely to be the inevitable consequence of ageing in histologically confirmed dementias and controls followed longitudinally. Jobst KA.
Leipzig 1997; International conference on Alzheimer's disease research; *Journal of Neuroscience*.
4. The use of X-ray CT to identify Alzheimer's disease and the concept of medial temporal lobe dementia.
Jobst KA
Neurobiology of Aging 1998;19(4S)S78 No319.
5. X-ray CT in the evaluation of medial temporal lobe dementia: help in the identification and hope for the treatment of AD and non-AD dementias.
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Letters to Editors

1. Lithium vs placebo in cluster headache
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Cephalalgia 1998;18:1-4.
2. Meta-analysis of trials of homoeopathy
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Books and Monographs

1. *Complementary Medicine and the National Health Service; An Examination of Acupuncture, Homeopathy, Chiropractic and Osteopathy – A Report by the National Medical Advisory Medical Advisory Committee.*
Garner JA (Chairman), Adams L, Bryson A, Gillespie W, Hudson S, Keil GB, McIlwraith B, McKillop JH, Radford L, Reilly D., Strelley S, Welsh J (members), Bashford JR, Brooks PW, Leadbeter JN.
Edinburgh: Scottish Office Department of Health, 1997
2. *Homoeopathic Pharmacy.*
Kayne S.
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3. *Homeopathy in Primary Care*
Leckridge B.
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4. *Integrated Healthcare: A Way Forward for the Next Five Years? A Discussion Document*
The Steering Committee for The Prince of Wales's Initiative on Integrated Medicine.
London: The Foundation for Integrated Medicine, 1997. ISBN 1 85717 173X.
5. *Examining the Foundations of Homoeopathy*
Reilly D.
Glasgow: Ad Hom Ltd, 1998
6. *The Foundations of Homoeopathy. Literature for a postgraduate course.* 15th ed.
Reilly D.T (ed.)
Glasgow: Ad Hom, 1998
7. *The Evidence for Homoeopathy.*
Reilly D
Glasgow, UK: The Academic Departments of Glasgow Homoeopathic Hospital, 1995 (Version 2)
1998 (Version 3);1999 (Harvard Medical School Version).

Book Forewords

1. Foreword to : Leckridge B. *Homeopathy in Primary Care.* Edinburgh : Churchill Livingstone, 1997: vii-viii
Reilly D.

2. Foreword to: Mitchell A, Cormack M. *The Therapeutic Relationship in Complementary Healthcare*. Edinburgh: Churchill Livingstone, 1998: vii-viii
Reilly D.

Conference Papers and Abstracts

1. Developing outcome measures for homoeopathic remedies bought OTC.
Kayne S
Proceedings 52nd LMHI Congress, Seattle, USA 1997: 23-25.
2. The evidence for homoeopathy
Reilly D.
Presented at the “*Alternative Medicine: Implications for Clinical Practice and State-of-the-Science Symposium*”, Harvard Medical School, March 1997.
3. The evidence profile for homoeopathy – creating the verification mosaic
Reilly D
Proceedings of The Royal London Homoeopathic Hospital NHS Trust conference "Improving the Success of Homoeopathy: Taking the Homoeopathic Knowledge Base into the 21st Century"
January 1997.
London: The Royal London Homoeopathic Hospital NHS Trust, 1997: 63-70
4. Homoeopathic prophylaxis of migraine
Whitmarsh T
Proceedings of the 52nd LMHI Congress, Seattle USA, 1997:87
5. Use of homoeopathy in primary care
Reilly D.
Alternative Therapies in Health & Medicine 2nd Annual Symposium April 1997.
6. Pilot trial to study the perceived effectiveness of homoeopathic remedies bought OTC in British pharmacies.
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January 1997
London: The Royal London Homoeopathic Hospital NHS Trust, 1997: 90-94
7. Spirited care
Reilly D.
Sacred Space conference "Spirituality & Health" September 1997 and 1998
8. Applying patient oriented outcome measures in the isopathic treatment of allergies.
Kayne SB.
Proceedings 53rd LMHI Conference, Amsterdam 1998.
9. CAM in Europe
Reilly D.
Presented at the *Scientific Integration of Western Medicine and Complementary/Alternative – Mind/Body Medicine conference*, Asan Medical Center, University of Ulsan College of Medicine, Asan Institute for Life Sciences, Harvard Medical International, Harvard Medical School, July 1999.

10. East and West - Integration or separation? A comparison between Western and Eastern (Traditional Chinese) medical systems today - how we can learn from each other? A student study from a Special Study Module on Human Healing (Reilly 1999)
Harrison T, Reilly D.
Abstracts from the Royal Pharmaceutical Society of Great Britain Traditional Chinese Medicine Symposium, October 1999.
11. Homoeopathy
Reilly D.
Abstract presented at the *Scientific Integration of Western Medicine and Complementary/Alternative – Mind/Body Medicine conference*, Asan Medical Center, University of Ulsan College of Medicine, Asan Institute for Life Sciences, Harvard Medical International, Harvard Medical School, July 1999.
12. Re-solving the homoeopathic puzzle: a clinical and scientific exploration.
Reilly D.
Abstracts of Congress on Research in Homoeopathy, VSM Geneesmiddelen, Amsterdam, 7th September 1999.
13. Self treatments using homoeopathic remedies bought OTC in a sample of British pharmacies.
Kayne SB, Beattie N, Reeves A.
Proceedings of the 2nd International Conference on Homoeopathy, Royal London Homoeopathic Hospital, London, 1999: 78
14. The homoeopathic approach to symptom control in the cancer patient - an observational outcome study.
Thompson. E
To be presented in *the European Association Palliative Care Congress*, Geneva September 1999.
15. The search for therapeutic encounters – the common group in care.
Reilly D.
Abstracts from the Royal Pharmaceutical Society of Great Britain Traditional Chinese Medicine Symposium, October 1999.

Audiovisual materials

1. *The Foundations of Homoeopathy V16 1998 – video and text based distant learning course*
Reilly D
Glasgow: Ad Hom Ltd.
2. The GUIDE, Glasgow Unified Information and Data Extraction. Homoeopathy: A Library on CD ROM. Published by Ad Hom Limited, Glasgow, 1997. Reference no. ADROM 1

Selected Conferences and Teachings

1. Alternative Medicine: Implications for Clinical Practice and State-of-the-Science Symposium, Harvard Medical School, Boston, U.S.A., March 1997, 1998 and 1999.
2. Creating Integrated Healthcare: Exploring the Forces of Healing, Alternative Therapies in Health and Medicine, Orlando, Florida, April 1997.
3. The Scientific Roots of Homoeopathy, Homoeopathic Physicians Teaching Group, Milton Hill House, Oxford, May 1997.
4. Spirituality and Health Conference, Sacred Space Project, Durham, October 1997.

5. Homoeopathy and Veterinary Medicine: Implications for Veterinary and Human Health Conference, Commonweal, California, November 1997.
6. Fourth Annual Symposium on Complementary Health Care, University of Exeter, Exeter, December 1997.
7. Departmental Seminar, University of Aberdeen, Aberdeen, March 1998.
8. Neuropsychiatry and the Dementias. Old Age Psychiatry meeting for Scotland. Montrose, February 1998
9. Plenary speaker. Research issues and methodology in Acupuncture. Acupuncture Research and Training Centre, London. March, 1998
10. Seminar and speaker. Recent advances in Neurology and Psychiatry. Bristol Myers Squibb College for Psychiatrists and Neurologists. Dublin Eire, March 1998.
11. Integrated Healthcare, Innovative Patterns of Provision, NHS Confederation and the Foundation for Integrated Medicine, Westminster, London, April 1998.
12. Speaker. Vitamin intervention in heart disease and dementia in Norway: trial design meeting University Dept Public Health and Epidemiology, Tromso. June 1998.
13. International Alzheimer's Disease Research meeting; Three separate presentations on brain imaging and the dementias. Amsterdam, July 1998.
14. Spirituality and Nursing Conference, Sacred Space Project, Lake District, September 1998.
15. Seminar series on brain imaging in the dementias given in four University centres for radiologists, psychiatrists, neurologists and geriatricians; Italy, September 1998.
16. Teaching on the use of brain imaging in Germany to radiologists, psychiatrists, neurologists and geriatricians, October 1998.
17. Plenary Speaker. First Conference on integrated Medicine. Oxford Brookes University. Oxford. October 1998.
18. Main Speaker: The Art and Science of Healing, Tzu Chi Institute for Complementary and Alternative Medicine, Vancouver, Canada, November 1998.
19. Seminar and speaker. Research issues in Dementia; Case Western Reserve University Alzheimer's Disease Research Centre, Cleveland, USA November 1998.
20. Chairperson and Seminar Convener. Research methodology in Tibetan Medicine and Integrated Healthcare, First International Meeting on Tibetan Medicine, Washington, November 1998.
21. Development of an agenda for the development of a core curriculum for Education in Medicine with, the Institute for Alternative Futures, a Washington 'Think Tank': "Diseases of Meaning". USA. November 1998.
22. Meeting to discuss the implications and future of Alternative and Complementary Medicine. Bard College with George Soros. New York. February 1999.
23. International Conference on Moving Points in Palliative Care. Our Lady's Hospice. Dublin, Eire. March 1999.
24. Center for Humanities and Medicine, Michigan, March 1999.

25. Symposium on Undergraduate Medical Familiarisation with Complementary and Alternative Medicine, Research Council for Complementary Medicine, London, March 1999.
26. Culture, Health and The Arts World Symposium, Manchester Metropolitan University, Manchester, April 1999.
27. Royal College of Physicians (London) Meeting on advances in Medicine. May 1999. Course Tutor. Dartington Hall Program. Diseases of Meaning. June 1999.
28. Second International Symposium on Complementary/Alternative Medicine and Mind/Body Medicine, Asan Medical Center/University of Ulsan College of Medicine/Harvard International/Harvard Medical School, Seoul, Korea, June/July 1999.
29. Third Annual Session of Health Sciences, Macedonian Association of Homoeopathy, Kavala, Thassos, Greece, August 1999.
30. Congress on Research in Homoeopathy, V.S.M. Geneesmiddelen, Amsterdam, September 1999.
31. European Association Congress of Palliative Care, Geneva, September 1999.
32. Spirituality and Healing Conference, Sacred Space Project, Durham, September/October 1999.
33. LIGA in Seattle and Amsterdam.
34. The Royal London Homoeopathic Hospital Conference, London.
35. The Cuba Homoeopathic Congress, Havana.
36. The British Homoeopathic Veterinary Conference, Leeds.
37. The British Pharmaceutical Conference in Scarborough and Eastbourne.
38. The New Zealand Pharmacy Conference, Queenstown.
39. The State Pharmacy Conference, Sao Paulo, Brazil.

Editorial Work

Founding Editor (with others)

Journal of Interprofessional Care

Founding International Editor

Alternative Therapies in Health and Medicine

Editor in Chief

The Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy.

Editorial Boards

Sacred Space – The international journal of spirituality and health, 1999-
FACT

British Homoeopathic Journal

International Homoeopathic Journal

Referees for the following journals:

Age and Ageing

Alzheimer's disease and Associated Disorders

Brain

British Journal of Clinical Pharmacology,

Complementary Therapies in Medicine

European Journal of Clinical Pharmacology

European Journal of Nuclear Medicine

Forschende Komplementarmedizin

International Journal of Geriatric Psychiatry

Journal of Neurology, Neurosurgery and Psychiatry

Journal of Complementary Medical Research

Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice, and Policy

Journal of the American Medical Association

The Lancet

Neurobiology of Ageing

Psychological Medicine

Nuclear Medicine Communications

British Medical Journal

British Homoeopathic Journal

British Journal of General Practice

Journal of the Royal Society of Medicine

Numerous Scientific Advisory Boards - for example

- Research Initiative into The Arts and Dementia. Dementia Services Centre. Stirling University.
- Scientific Advisory Board. Richard and Hilda Rosenthal Centre for Complementary and Alternative Medicine. Columbia University. USA.
- University of Maryland Centre for Complementary Medicine

Contributions to Media and Public Information

TV

Regular contributions, including BBC Open University, eg *Human Healing*; *The Clinical Trial*. With numerous scientific contributions eg QED, Equinox, *Magic or Medicine?*, plus news and discussion contributions including *Newsnight*, *After Dark* and BBC Digital programmes. Some of these have been shown internationally and I have contributed directly to a number of European, Canadian and USA productions.

Radio

Regular BBC Radio Scotland, eg The Colin Bell Programme, Good Morning Scotland, The Pulse and science series such as Medicine Now, The power of the Mind, with contributions on BBC Radio 2, Radio 4 and Radio 5 programmes. Numerous international contributions including the BBC world service, Netherlands International, and Radio Telefis Eireann.

Numerous Newspapers and magazine contributions.

Been interviewed for among others

Connections journal, Caduceus Publications Ltd, The Therapist journal, Health and Homoeopathy, Alternative Therapies in Health and Medicine, Spectrum, Hospital Design, Radio Times and various newspapers and magazines.

Prizes

Two department members have received Greater Glasgow Health Council Merit Awards for providing particularly innovative health services to the people of Greater Glasgow.

Environmental Award for the new Glasgow Homoeopathic Hospital the new NHS in Scotland Estates Environment Forum.

Identification of where grants come from?

The education is a self sustaining enterprise which subsidises the general infrastructure of the department. A policy of declining pharmaceutical industry grants has been used to ensure complete academic freedom.

Regular Grants

The Homoeopathic Trust
Scottish Homoeopathic Research and Education Trust
Endowments of Glasgow Homoeopathic Hospital

One off Donations/Grants

British Homoeopathic Association
Individual donations to the AdHominem charity
DHU for library services
Homoeopathic Research Council
EU Working Party on Homoeopathy

Basic information about researchers and members of the Academic Team et al?

We also have a number of links with and contributions from colleagues in University Departments such as Statistics, Immunology and Medicine which are not listed below.

Directors:

Dr. David Reilly FRCP MRCP FFHom

Lead Consultant Physician at Glasgow Homoeopathic Hospital and Honorary Senior Lecturer in Medicine at Glasgow University. Founder and Director of the Academic Departments. Co-Founder and Director of AdHominem charity. Visiting Faculty member Harvard Medical School USA. Visiting Professor to University of Maryland, School of Medicine, Complementary Medicine Program.

Dr. Bob Leckridge BSc MB ChB MFHom

Former Principle in General Practice. Associate Specialist at Glasgow Homoeopathic Hospital and President of the Faculty of Homoeopathy. Co-founder of the AdHominem charity.

Part-time Departmental workers and other GHH staff contributing to academic activity:

Frances Baker MBE, MSc BA RGN OHNC LFHom PG Cert Ed

Academic Nurse and Occupational Medicine Specialist

Dr. Neil Beattie MB ChB MRCP MFHom D Obst RCOG

General Practitioner, researcher

Bruce Borland BVetMed VetMFHom MRCVS

Veterinary Surgeon, homoeopath and academic lecturer

Staff Nurse Alison Burnside RGN RMN LFHom

Senior Staff Nurse

Dr. Sheila Gibson MD MBCHB MFHom

Researcher and Outpatient Doctor at the Glasgow Homoeopathic Hospital

Andy Jenkins BSc (Hons)

Scientist Glasgow University and Computer Specialist

Dr. Kim Jobst MA DM MRCP LFHom
Senior Registrar in Medicine and visiting Professor, Brooks University

Dr. Steven Kayne BSc PhD MBA LLM DA_gVetPharm MRPharm S MCPP MPS (NZ) ACNZP
Academic pharmacist, teacher and researcher

Ms. Margaret McIntosh MBAOT
Senior 1 Occupational Therapist

Dr. Stewart Mercer MBChB BSc MSc PhD MRCP
General Practitioner and scientist. Research Fellow with University Department of General Practice

Ms. Morag Taylor BSc (Hons)
Research Associate, University Department of Medicine, Glasgow Royal Infirmary

Dr. Elizabeth Thompson BA OXON MRCP MFHom
Senior Registrar in Palliative Care

Dr. Trevor Thompson BA (Oxon) MB BS DRCOG MRCP MFHom
General Practitioner, Research Fellow with University Department of General Practice

Dr. Tom Whitmarsh MRCP MFHom
Consultant Physician at Glasgow Homoeopathic Hospital

Mrs Stephanie Wilson BSc (Hons) in Physiotherapy MCSP SRP
Senior 1 Physiotherapist

Plus Academic Department staff manning general, library and education services: Carol Anderson, Julia Petrie, Mary Gooch, Sandra Davies, Moira Gardener and Karen Clarke.

Key areas for discussion to enable a prospective agenda?

What is to be done?

What are the current resources?

Maximising current potential.

Ensuring *growth* of enquiry - avoiding large scale premature short term attacks.

Establishing infrastructure.

Sharing visions of the future.

Avoiding unhealthy commercial dominance or bias - ethical guidelines.